

Ditch & Switch

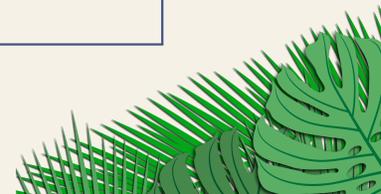
Because They're Worth It



As you go through your kitchen and bathroom cabinets, take inventory of all the products that may have ingredients you need to purge from your household. Check off those that pass the “toxin free” test. For items that don’t pass, list how many toxic ingredients you found, and which Young Living product may replace that item.



	✓ Toxin Free	Number of Toxins	Young Living Replacement
Cleaning Supplies	<input type="checkbox"/> Glass Cleaner		
	<input type="checkbox"/> Counter Cleaner		
	<input type="checkbox"/> Floor Cleaner		
	<input type="checkbox"/> Dish Soap		
	<input type="checkbox"/> Sink Scrub		
Cleaning Supplies	<input type="checkbox"/> Cutting Board Conditioner		
	<input type="checkbox"/> Wood Polish		
	<input type="checkbox"/> Dryer Sheets		
	<input type="checkbox"/> Veggie Wash		
	<input type="checkbox"/> Stain Remover		
Cleaning Supplies	<input type="checkbox"/> Cleaning Wipes		
	<input type="checkbox"/> Hand Sanitizer		
	<input type="checkbox"/> Travel Surface Cleaner		
	<input type="checkbox"/> Air Freshener/Candles		
	<input type="checkbox"/> Toilet Cleaner		
Cleaning Supplies	<input type="checkbox"/> Tub Scrub		
	<input type="checkbox"/> Carpet Cleaner		
	<input type="checkbox"/> Label Remover		
	<input type="checkbox"/> Dishwasher Tabs		
	<input type="checkbox"/>		





Ditch & Switch

www.commonscentsmom.com



	<input checked="" type="checkbox"/> Toxin Free	Number of Toxins	Young Living Replacement
Bath & Beauty	<input type="checkbox"/> Shampoo		
	<input type="checkbox"/> Conditioner		
	<input type="checkbox"/> Bar Soap		
	<input type="checkbox"/> Hand Soap		
	<input type="checkbox"/> Facial Cleanser		
Bath & Beauty	<input type="checkbox"/> Facial Moisturizer		
	<input type="checkbox"/> Facial Serums		
	<input type="checkbox"/> Toner		
	<input type="checkbox"/> Deodorant		
	<input type="checkbox"/> Shaving Cream/Oil		
Bath & Beauty	<input type="checkbox"/> Toothpaste		
	<input type="checkbox"/> Mouthwash		
	<input type="checkbox"/> Exfoliator/Scrub		
	<input type="checkbox"/> Insect Repellant		
	<input type="checkbox"/> Beauty Mask		
Bath & Beauty	<input type="checkbox"/> Body Moisturizer		
	<input type="checkbox"/> Body Butter		
	<input type="checkbox"/> Acne Cream		
	<input type="checkbox"/> Sunscreen		
	<input type="checkbox"/> Beard Oil		
Baby Care	<input type="checkbox"/> Diaper Ointment		
	<input type="checkbox"/> Baby Wipes		
	<input type="checkbox"/> Baby Oil		
	<input type="checkbox"/> Baby Lotion		
	<input type="checkbox"/> Baby Shampoo		
Misc	<input type="checkbox"/> Nursing Ointment		
	<input type="checkbox"/> Lip Balm		
	<input type="checkbox"/>		
	<input type="checkbox"/>		
	<input type="checkbox"/>		



Scan to create oil-infused household essentials with fun and easy DIY projects

