



DIY Body Butter

Melt the first four ingredients together in a double boiler until liquified:

- 3 Tablespoons Organic Coconut Oil
- 4 Tablespoons Organic Beeswax
- 4 Tablespoons (60 g.) Raw, Unrefined Shea Butter
- 5 T. Jojoba, Sweet Almond, or Kukui Nut Oil
- 1-2 droppers full of Young Living DeepSpectra Phyto Nutrition
- 15-20 drops Essential Oils*

Once the balm base is liquified, immediately remove from heat. Let cool and, while still liquid, add a dropper full of Young Living DeepSpectra Phyto Nutrition. Whip with an electric beater until soft peaks form and it looks like a cloud of creaminess! Scoop mixture into glass jars using a small spoon.

Blend in essential oils and stir with a toothpick.

Make for yourself or it's also perfect for sharing as a gift or as samples.

- *Recommended Oils: Skin nourishing Ylang Ylang, Vetiver, Neroli, Sandalwood, Jasmine, Rose, or Myrrh*